

Mountain Healthcare Ltd

Out of Programme Experience for Clinical Experience (OOPE)

<https://www.bma.org.uk/advice/career/applying-for-training/out-of-programme>

Congratulations for completing your foundation programme.

Mountain Healthcare recognises that commitment to a specialist training post can be a big decision. However, we believe we can offer a specialist one year programme of development that will support you through your transition from a Senior House Officer.

As part of the Forensic Medical Programme, Mountain Healthcare Ltd has developed a framework to develop key areas of knowledge and skills which will be invaluable in all specialities.

As a Forensic Medical Examiner, you will learn through clinical placements, blended learning and receive further personal support with an allocated mentor. We will identify an individualised programme of education and exposure to clinical environments, providing opportunities for examinations, in addition to financial support whilst undertaking the research post.

Useful links:

- <https://fflm.ac.uk/exams/lfflmgfm/>
- Section 12 mental health act assessment
- <http://www.rcgp.org.uk/learning/substance-misuse-and-associated-health-landing-page/rcgp-certificate-in-the-management-of-drug-misuse-part-2.aspx>

We are an entrepreneurial company led by a clinical team, and would like to provide exposure to those doctors who have an interest in clinical leadership and entrepreneurial opportunity.

Your clinical experience will be based in custody providing healthcare to those detained by the police and within a sexual violence setting developing your skills as an examiner to children, young people and adults who have experienced sexual violence. Other clinical environments related to Health and Justice are also available.

As a designated body, we are able to continue to ensure you meet the requirements for revalidation, offer a mentor and an appraiser and ensure you have a portfolio of evidence which meets the GMC standards for appraisal.

We look forward to understanding your own needs for development.

Introduction

Working with your mentor, we will help you achieve the knowledge, skills and competences required to meet the elements of a Forensic Medical Examiner.

Portfolio of Evidence:

You will be asked to record and collate evidence of your achievements during the 12 month placement, as listed below:

1. Completion of all the activities as defined in your personal development plan.
2. Completion of your expected competencies outcomes. This will include successfully achieving the forensic medical competencies and maintaining a log book.
3. Each completed competence must be evaluated and signed off by your mentor.

This information will be used during your appraisal.

Your gap year begins.....

Once you have completed your MHL induction training, you are expected to complete further ongoing development as listed in your portfolio of evidence.

You should have access to your mentor for guidance at least once a fortnight, where a set period should be set aside for discussion. This will provide you with plenty of opportunities to reflect on your new experiences and to review your progress.

Week 1:

1. **You will complete a learning needs analysis to demonstrate your training needs and your personal preferences.**
2. **We will agree a personal development plan**
3. **You will attend a Mountain Healthcare Custody Induction**

Week 2-4:

4. **You will be supernumerary, shadowing in both a custody and sexual violence environment.**

Month 2-11:

5. **You will commence an agreed shift pattern, which can be flexible to support other commitments i.e. higher educational programme.**

6. **Study leave will be regularly incorporated, offering a maximum of 20% of your commitments to be free to attend other clinical environments, have study leave or be within other settings.**
7. **Annual leave is flexible but is 28 days over 12 months, bank holidays, days and night shifts are all compulsory however the salary identified includes these and we do not offer enhancements for shifts.**

Month 12:

8. **You will be free to include some additional opportunities to ensure you make the most of your programme.**

Competency Frameworks for Forensic Medical Examiner:

Training needs will be identified through a learning needs analysis and a Personal Development Plan (PDP) will be put in place. In addition, Mountain Healthcare Ltd has the expectations that each examiner will have completed the following:

- Compulsory Medicines Management/Telephone Advice study day
- ILS (Resus council approved)*
- Safeguarding Requirements: Level 3 Safeguarding Children and Vulnerable Adults*
- 4 Peer Reviews

*certificates are acceptable from other providers.

Other non-essential training is available.

This includes e-learning modules such as:

- Medicines Management
- Mental Capacity Act and mental health update
- Documentation of Injuries & Forensic Sampling
- Road Traffic Act
- Paediatric Sexual Offence
- Governance and other mandatory training such as FGM and CSE.

Additional Face to Face days are available to build on your clinical skills, this includes:

- TASER
- Intimate searches
- Section 4 RTA
- Mental health
- Custody and sexual offence update days.

Team meetings and local opportunities are also available including LSCB safeguarding courses which would provide high quality training support.

Other training opportunities to be considered are those provided by RCPCH, FFLM, RCGP and wider e-learning platforms such as my CME.

On-going support from your mentor

On-going support is offered to you in the form of regular meetings with your mentor to discuss your progress and continued needs.

There is also support available from both the clinical and non-clinical team. This can be with your peers, Managers and senior management team.

Facilitated subject focused sessions

These sessions are intended to allow you to focus on your role and knowledge and promote the application of your new knowledge to your clinical practice. They aim to promote critical thinking about changes in the workplace by focusing on solving real workplace problems, issues or concerns. This will only happen if you reflect on your role and bring relevant, specific incidents and activities from your area of work as a starting point for discussion to each session.

The key elements covered by your person development plan will be:

Core 1: Forensic Principles

Core 2: Clinical Care in a Forensic Environment

Core 3: Communication

Core 4: Clinical Leadership

Core 5: Health, safety and security

Core 6: Quality

Core 7: Equality and diversity

Core 8: Role of expert witness